**Occupational Therapy Games & Activity List 2020-2021**

Compiled by Stacey Szklut MS, OTR/L & South Shore Therapies Staff

Children learn through play and active exploration. The suggestions below may be helpful in choosing appropriate toys for holidays and other special times. They include sensory based activities to provide organizing sensation and encourage the development of body awareness, as well as games to promote eye-hand coordination, visual perception and planning. Approximate ages or skill levels have been given to help guide your choices. Many items can be purchased at toy stores or through the catalogues listed. Ask your occupational therapist for help in deciding which games or toys are the best choices for your child.

**Games to Develop Coordination, Problem Solving and Visual Perception:**

***Younger Ages (3-6 years)***

Acorn Soup

Ants in the Pants

Avalanche Fruit Stand

Barbecue Party

Busytown (by Richard Scarry)

Cat in the Hat I Can Do That!

Charades for Kids

Cootie

Crazy Cereal

Crocodile Hop

Don’t Break the Ice

Don’t Spill the Beans

Dream Cakes

Elefun

Elephant Balancing Game

Feed the Woozle

Frankie’s Food Truck Fiasco

Gobblet Gobblers

Gumball Grab (Lakeshore)

Hit the Hat

Honey Bee Tree

Hungry Hungry Hippos

I Spy Bingo and Memory Games

Journey Through Time Eye Found it! Game

Loopin’ Chewie/Loopin’ Louie

Monkeying Around

Mr. Mouth

Pancake Pile-Up

Pick a Brick

Pop the Pig

Pop up Pirate

Q-Bitz Jr

Shelby’s Snack Shack

Silly Street

Skippity

Sneaky Snacky Squirrel

Sorting Shapes Cupcakes

Spot It Jr

Sturdy Birdy

Thin Ice

Very Hungry Caterpillar Game

Zimbbos

***Older Kids (7 and up)***

Acuity

Amazing Labyrinth Game

Backseat Drawing

Battleship

Blokus

Bounce Off

Brain vs Brain Puzzle Game (Young Explorers)

Burger Mania

Connect Four/ Conniption

Crab Stack

Cranium Cadoo

Cubeez

Doodle Dice

Doodle Quest

Get the Picture Dot-to-Dot Race

Go Go Gelato

Guess Who

IQ Fit

Jenga

Kerplunk/ Tumble

Laser Maze/ Laser Maze Jr.

Operation

Perfection

Pictureka!

Q-Bitz

Qwirkle

Robot Face Race

Roller Coaster Challenge

Rush Hour/ Rush Hour Jr

Set Jr./ Set

Sequence

Shadows in the Forest (Thinkfun)

Simon

Slamwich

Spot it!

Stick Six

Sushi Scramble

Topple

**For Sensory Motor Development and Coordination:**

***Provides Organizing Sensory Input***

Ball Pit

Blo-pens

Body Sox

Bop/Kick Bag

Chewy Tubes and Chewelry

Crash Pads/ Hot Dog Cuddler (Fun & Function/ Southpaw)

Cuddle Loop

Delta Sand/Moon Sand/Kinetic Sand/Floof

Foof Chair/Large Beanbag/ Yogibo

Gorilla Gym

Gymnic Rody Horse

Horse Tire Swing

Huggle Pod (Hearthsong)

Inside Out Balls

Jigglers (Abilitations)

Jump-o-lene

Kablooey Blocks (Young Explorers)

Massagers for Kids

My First Trampoline

Play Tents

Rock & Bounce Pony/ Rocking Horse

Sand Digger

Scooter Boards

Sensory Stepperz

Socker Boppers

Spring Horse

Ultimate Fort Builder (Lakeshore Learning)

Water Beads

Weighted Wearables/Blankets (Grandpa’s Garden, Fun & Function)

Whistles

Yoga Dice Game/ Yoga Spinner Game

***More Skilled Coordination Needed***

Air Kicks Boots

Air Pogo/Pogo Stick

Air Kicks Jumparoo

Balance Board/Monkey Balance Board

Balance Stilts

Bilibo Seat

Bungee Jumper

Disc Swing

Door Pong

EZ Steppers

Flying Turtle/ Roller Racer

Fun Ride/Night Riderz Zipline

Hippity Hop ball

Inflatable Hop ‘n Go Horses/Unicorns (HearthSong)

Jump Ropes

Krazy Car/ Radio Flyer Cyclone

Lightning Pedal Go-Kart/ Sirocco Pedal Go-Kart

Moon Bounce Shoes/ Bouncy Shoes (HearthSong)

Plasma Car

Razor Scooters

Rope Ladder

Sit & Spin

Skip It

Slackline (Beginners is suggested for most of our kids)

Sleds & Snow Tubes/ Fold and Stow Snow Scooter

Sports Boxing Child Punching Bag

Sumo Bumper Bopper

Super Skipper

Teeter Popper

Twister

Wheel Walker (HearthSong)

**Activities that Develop Eye-Hand Coordination and Visual-Spatial Planning:**

***Visual Control/ Eye-Hand Coordination:***

Air Puck Hockey

Bathtime Fishing Fun

Beamo Flying Disc

Bounce-Off

Bucket Blast Game Set

Deluxe Archery Set with Target

Dilly Dally Turtle Target Game

Flip Flop Faces (Discovery Toys)

Giant Bowling Game

Glow-in-the-Dark Air Target Game (HearthSong)

Hopscotch Mat

Kids Croquet

Ladder Toss/ Ladder Golf

Nerf Basketball

Ogosport/ Mini Ogodisks

Remote Control Cars and Toys

Ring Toss Game/ Rubber Horseshoes

Safety Dart Board

Shufflezone

Sky Spin/ Whistling Whirler (Discovery Toys)

***Constructional Creating and Building Activities:***

Block Buddies

Design & Drill Activity Center

E-Z Build & Play

Gearjits (Mindware)

Georello

Gravity Maze

I Can Build It! Vehicle Set (Lakeshore Learning)

K’nex/ Legos/ Duplos/ Quatro Bucket

Light Stax

Lincoln Logs

Magz Construction Set

Magnatiles

Magnetic Mosaics

Make N‘ Break Challenge/ Make N‘ Break Junior

Potholder Loom Kit

Rainbow Loom

Remote Control Gear-Bot (Lakeshore Learning)

Playmobil

Pop Goes the Jewelry Party

**Activities that Develop Eye-Hand Coordination and Visual-Spatial Planning (*continued)*:**

***Visual Control/ Eye-Hand Coordination:***

Snap-Bots

Spikeball

Super Swingball

Suspend Game

Toss Across

Trapp Ball

Zoom Ball

***Constructional Creating and Building Activities:***

Snap Circuits

Squigz

Take Apart Dino Toys

Zip Track (Discovery Toys)

Zoob

**Activities to Support Fine Motor Development and Writing:**

***Pre-Writing Skills (Ages 3-5)***

Aquadoodle Mats and Pens

Art Kits (crayons, crayon rocks, paints, etc.)/ Easels

Basic Skills Puzzle Board (Melissa & Doug)

Block Sets

Button Art (Alex Toys)

Colorforms Big Wall Playset

Cool Tool Activity Set

Create and Design Drill Kit (Lakeshore Learning)

Crayola Beginnings Color Me a Song

Crayola Color Explosion Glow Board

Crazy Car Maze Puzzle

Dot Art/ Dot Markers

Dressing Dolls/ Woodkins

Froggy Feeding Fun

Lacing Cards

Learn to Print Practice Books (Lakeshore Learning)

Lite Brite

Magnetic Pattern Block Set

Matching Eggs

Pig Popper

Playdoh/ Silly Putty/ Theraputty

Playful Patterns (Discovery Toys)

Squeeze and Brush Painters

Squiggle Writer Pen

Squigz

Velcro Cutting Foods

Water Wow

Willy’s Wiggly Web

Wipe Clean Pen Control Books

Zoo Sticks / Fish Sticks/ Farm Sticks

***Drawing & Writing Skills (Ages 6 and older)***

Arts & Crafts Projects

Boogie Board Magic Sketch

Colorblock Chalkboard Build-A-Fort Kit

ChalkScapes Roll-Up Chalk Mat

ChalkScapes Mandalas Sidewalk Stencils Chart Art Kit

Doodle Coloring Books

Etch-a-Sketch

Knot a Quilt Kit

Kwik Stix

Learn the Alphabet! Dough Mats (Lakeshore Learning)

Letter Treasure Hunt

Maze and Dot to Dot Books

Peel & Stick Collage Boards

Pictionary

Puzzlemania

Scissor Skills Activity Pad (Melissa and Doug)

Scratch Magic/ Scratch Art

Sensational Sequin Art Easel Kit (Young Explorers)

Shrinky Dinks

Spin Art

Spirograph

Stain Glass Coloring Book

Suncatcher Kit

Thinking Putty Puzzle

Whirly Wheel

Wikki Stix Activity Set

Window Art

Window Decorating Paints/ Window Markers

*Below is a list of local toy stores that carry many of the toys on this list and allow you the opportunity to see the toys before purchasing. Many items can also be purchased through the catalogues cited or Amazon. When an item is not readily found through a google search the catalog name is listed after it.*

Buttonwood Books and Toys (Store in Cohasset)(781) 383-2665[www.buttonwoodbooksandtoys.com](http://www.buttonwoodbooksandtoys.com/)

Harbor Light Toy Company (Store in Scituate)(781) 544-4468

Rock Paper Scissors (Store in Duxbury)(781) 452-7376[www.rockpaperscissorsdux.com](http://www.rockpaperscissorsdux.com/)

The Toy Box (Store in Hanover)(781) 871-3650[www.thetoyboxhanover.com](http://www.thetoyboxhanover.com/)

Constructive Playthings(800) 448-4115 <https://constructiveplaythings.com/>

Discovery Toys(800) 341-8697<http://www.discoverytoys.net/shop-now/>

Fun and Function(800) 231-6329<https://funandfunction.com/>

Grandpa’s Garden(877)373-4328 <http://www.grampasgarden.com/>

Hearth Song(800) 325-2502[www.hearthsong.com](http://www.hearthsong.com/)

Highlights(800) 422-6202[www.highlights.com](http://www.highlights.com/)

Leaps and Bounds(800) 477-2189 <https://www.wards.com/c/kids/>

Live and Learn Toys (443) 394-8501[www.liveandlearn.com/shop](http://www.liveandlearn.com/shop)

Mindware (800) 999-0398[www.mindware.com](http://www.mindware.com/)

Sensational Beginnings (800) 444-2147 [www.sensationalbeginnings.com](http://www.sensationalbeginnings.com/)

Southpaw Enterprises(800) 228-1698<https://www.southpaw.com/>

Therapro(800) 257-5376[www.theraproducts.com](http://www.theraproducts.com/)

Young Explorers(800) 239-7577[www.YoungExplorers.com](http://www.youngexplorers.com/)